

BRITISH GAS SWIMMING GRAND PRIX (25M)
6 – 9 August 2009
Aquatic Centre, John Charles Centre for Sport, Leeds

PROGRAMME OF EVENTS

Thursday, 6th August 2009	Friday, 7th August 2009	Saturday, 8th August 2009	Sunday, 9th August 2009
Session 1 1000 – Heats	Session 3 1000 – Heats	Session 5 1000 - Heats	Session 7 1000 - Heats
100m Free W 200m IM M 50m Breast W M 50m Free M 200m Butterfly W 100m Butterfly M 100m Back W 200m Back M 200m IM W 400m Free M	100 Breast M 50m Butterfly W 100m Free M 200m Breast W 400m IM M 100m IM W 50m Back M 800m Free W – Slow Heats	50m Back W 50m Breast M 400m Free W 200m Butterfly M 100m Breast W 100m Back M 100m Butterfly W 1500m Free M – Slow Heats	100m IM M 200m Back W 50m Butterfly M 50m Free W 200m Breast M 400m IM W 200m Free M 200m Free W
Session 2 1900 – A & B Finals	Session 4 1900 – A & B Finals	Session 6 1900 – A & B Finals	Session 8 1900 – A & B Finals
100m Free W 200m IM M 50m Breast W M 50m Free M 200m Butterfly W 100m Butterfly M 100m Back W 200m Back M 200m IM W 400m Free M	800m Free W – Fastest Heat 100 Breast M 50m Butterfly W 100m Free M 200m Breast W 400m IM M 100m IM W 50m Back M 4 x 200m Free W 4 x 200m Free M	1500m Free M – Fastest Heat 50m Back W 50m Breast M 400m Free W 200m Butterfly M 100m Breast W 100m Back M 100m Butterfly W 4 x 100m Free M 4 x 100m Free W	100m IM M 200m Back W 50m Butterfly M 50m Free W 200m Breast M 400m IM W 200m Free M 200m Free W 4 x 100m Medley M 4 x 100m Medley W